

Success at Nationals 2011 for Braunstone Swimmers



Congratulations to Harriet West (pictured left above) who gained a Gold Medal in the 100m Fly and Girls Medley Relay team. She also gained a Silver in the 200m IM, 100m BK, and also Bronze medals for 400m IM and for the 4x200 FS Relay. Harriet also finished overall 4th in the 13 years Bagcats.....Well Done Harriet-Excellent swimming.

Also Congratulations to Zoe Tildesley gaining a bronze in the 4x200 FS relay.

Other Braunstone achievements at the Nationals include:

Harriet West & Zoe Tildesley finishing fifth in the 4x100m FS Relay.

Harriet also finished 4th in the 200m Fly, and 6th in the 200m BK.

Well done also to Elliot Tointon for Qualifying & taking part in the 14 yrs 400m IM, and the 200m BK. He also took part in the 4x200m FS Relay,

Well done to Thomas Quittenton for qualifying & taking part in the 16yrs 200m BK.

There was some excellent swimming by you all, and on behalf of Braunstone Swimming Club we would like to say a very big Well Done, we are proud of you all.

(Pictured above is the team which achieved the Gold medal in the Medley Relay). Or click [here](#) to view an alternative image of the 4x200 FS Relay team (thanks to Zoe Tildesley for sending this image in!).