



Squad Training Schedules

Below sets out our standard squad training schedules from September 2018.

Please look out for any change notifications to schedules through Facebook and SwimClub Manager where last minute changes occur due to unforeseen circumstances, holidays or pool closures.

Learn to swim:

Sat	10.00-10.30	Winstanley
Sat	10.30-11.00	Winstanley
Sat	11.00-11.30	Winstanley
Sat	11.30-12.00	Winstanley

Development 1:

Mon	18.00-19.00	New Parks
Thu	18.00-19.00	Winstanley
Fri	18.00-19.00	Braunstone Leisure Centre
Sat	07.45-08.45	Winstanley By Invitation Only

Development 2:

Tue	18.00-19.00	Braunstone Leisure Centre
Thu	18.00-19.00	Winstanley
Fri	19.00-20.00	Braunstone Leisure Centre

Development 3:

Tue	18.00-19.00	Braunstone Leisure Centre
Fri	19.00-20.00	Braunstone Leisure Centre

Junior 1:

Mon	19.00-20.30	New Parks
Tue	18.45-19.45	Bosworth Academy
Thu	19.00-20.30	Winstanley
Fri	17.00-18.30	Winstanley
Sat	07.45-08.45	Winstanley

Junior 2:

Mon	19.00-20.30	New Parks
Tue	18.45-19.45	Bosworth Academy
Thu	19.00-20.30	Winstanley
Fri	17.00-18.30	Winstanley
Sat	07.45-08.45	Winstanley

Senior 1:

Mon	18.30-19.30	Braunstone Leisure Centre
Tue	06.00-07.00	Braunstone Leisure Centre
Tue	19.00-20.00	Braunstone Leisure Centre
Wed	19.00-20.30	Winstanley
Thu	20.00-21.00	Queen Elizabeth II Diamond Jubilee Leisure Centre
Fri	19.00-20.30	Winstanley
Sat	08.30-09.45	Winstanley

Senior 2:

Mon	19.30-20.30	Braunstone Leisure Centre
Tue	06.00-07.00	Braunstone Leisure Centre
Wed	19.00-20.30	Winstanley
Thu	20.00-21.00	Queen Elizabeth II Diamond Jubilee Leisure Centre
Fri	18.00-19.00	Winstanley
Sat	06.45-07.45	Winstanley

Senior 3:

Mon	19.30-20.30	Braunstone Leisure Centre
Tue	06.00-07.00	Braunstone Leisure Centre
Thu	20.00-21.00	Queen Elizabeth II Diamond Jubilee Leisure Centre
Fri	18.00-19.00	Winstanley
Sat	06.45-07.45	Winstanley

Masters:

Mon	20.00-21.00	Winstanley
Fri	20.00-21.00	Braunstone Leisure Centre

NOTES:

We reserve the right to change schedules throughout the year and will provide adequate notice accordingly.