



SwimMark
ESSENTIAL CLUB

Braunstone Swimming Club Sprint Open Meet 2019

Level 3 Open Meet under Swim England Regulations and Technical rules
Licenced by Swim England for entry into County and Regional Championships

(Level 3 Licence Applied For)

Information pack and entry form



SwimMark
ESSENTIAL CLUB

Braunstone Swimming Club

Sprint Open Meet 2019

(Level 3 Licence Applied For)

Braunstone Leisure Centre

2 Hamelin Road

Braunstone Leicester

LE3 1JN

Sunday 7th July 2019

Morning Session. Warm up: 8.55am - 9.55am Start: 10.00am

Afternoon Session. Warm up: - 12.55pm Start: - 2.00pm

All times subject to change. Any changes will be published on our website

MEET INFORMATION

- 1. LOCATION:** The meet will take place at Braunstone Leisure Centre, Leicester. This is an 8 lane, 25 metre pool with electronic timing. The depth of the water is approximately 2 metres throughout. There is a large free car park at the leisure centre.
- 2. REFRESHMENTS** There is a cafeteria at the leisure centre serving hot and cold food and a bar area for drinks.
- 3. SWIM SHOP** A swim shop will be open during the course of the meet with a large range of stock.
- 4. SPECTATORS** There is a spectator area at the pool holding approximately 200 spectators. A charge of £4.00 (£2.50 for concessions) per session will be made for spectators. A day ticket will be available for £6.00 (£4.00 for concessions).
- 5. COACHES** Coaches passes are available at a cost of £14.00 per pass, and will include refreshments between sessions. (£8.00 without refreshments). Coaches passes and start lists will be available on the day on the Open Meet. **Passes cannot be bought on the day of the meet.**
- 6. AWARDS** Awards will be made to the fastest 3 swimmers in each age group for individual events. Result sheets will be on our website by midnight on Monday 8th July.
- 7. OFFICIALS** Licensed Officials from other clubs are welcome and should contact the Meet Co-ordinator if they are able to help: Trevor Hincks, 15 Turnbull Drive, Leicester, LE3 2JT. Or email bscfixtures@btinternet.com Lunch is provided for all officials.



Braunstone Swimming Club
Sprint Open Meet 2019
(Level 3 Licence Applied For)
PROMOTER'S CONDITIONS

1. The promoter of the Braunstone Swimming Club Sprint Open Meet is Braunstone Swimming Club.
2. The competition is held under ASA laws and technical rules of swimming.
3. Upper qualifying times have been set for this Open Meet Please see the table at the end of this pack. Times achieved in Level 3 meets may be used for County and Regional Championships and also Level 1 and Level 2 Meets.
4. All events will be heat declared winner.
5. Swimmers diving into the pool must have reached the standard of the ASA Preliminary Competitive start award. Those who have not achieved this standard must start in the water.
6. Coaches must oversee their own swimmers in the warm up. Warm up details will be published prior to the Open Meet.
7. Age groups for **all events** will be 9, 10, 11, 12, 13, 14 and 15 & over.
Age as at 7th July 2019
8. Awards will be given to the fastest 3 swimmers in each age group for all events. There will be an award for the top visiting club.
9. **The entry fee is £5.50 per event.** Individual or club entries can be made using the Sportssystem entry file on our website. Please email the exported entry files to bscfixtures@btinternet.com by the closing date. Payment for entries using the Sportssystem Entry File should be received within 7 days of the file being sent. Paper entries for individuals and clubs will also be accepted using the form towards the end of this pack. Payment for paper entries is to accompany the entry. Payment for all entries can be made by cheque – made payable to Braunstone Swimming Club – or by BACS. Bank details will be provided on request. Entry fees will be non returnable once the entry is accepted.
10. The closing date for entries is midnight on **Friday 14th June 2019.** The provisional programme will be on our website by Friday 21st June. Please check your entries and advise of any errors by Friday 28th June. A final printable programme will be on our website by Sunday 30th June
11. The promoters reserve the right to restrict the number of entries per event on a first come first served basis. Any restriction to the number of entries will be posted on our website at the earliest possible time.
12. No poolside entries will be accepted. Competitors not reporting in time for an event may be excluded from that event.
13. Please notify the organiser of any withdrawals so that the start lists can be amended.
14. Over the top starts may be used at the discretion of the promoter to maintain the scheduled timing of events
15. Braunstone Leisure Centre operates a strict "No Photography" policy throughout the whole building.
16. Any item not covered in these conditions will be at the discretion of the promoter.
- 17 This will be a cardless meet run using SportSystems software



Programme of Events

<u>Time</u>	<u>Event No</u>		<u>Distance</u>	<u>Stroke</u>	<u>Ages</u>
8.55 - 9.55am	Warm up				
10.00am	101	Girls	100m	Individual Medley	9 & over
	102	Boys	50m	Backstroke	9 & over
	103	Girls	50m	Breaststroke	9 & over
	104	Boys	50m	Butterfly	9 & over
	105	Girls	50m	Freestyle	9 & over
12.30pm	106	Boys	100m	Freestyle	9 & over

Lunch

12.55pm	Warm up				
2.00pm	207	Boys	100m	Individual Medley	9 & over
	208	Girls	50m	Backstroke	9 & over
	209	Boys	50m	Breaststroke	9 & over
	210	Girls	50m	Butterfly	9 & over
	211	Boys	50m	Freestyle	9 & over
	212	Girls	100m	Freestyle	9 & over
4.30pm	(anticipated finish time)				

Braunstone Swimming Club
Sprint Open Meet 2019
Sunday 7th July 2019
Entry Form

FORENAME SURNAME

ADDRESS DATE OF BIRTH

..... AGE AS AT 07/07/2019

..... MALE / FEMALE

EMAIL ADDRESS

CLUB

ASA REGISTRATION NUMBER (mandatory)

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Girls			Boys		
Event	Submitted Time		Event	Submitted Time	
101 100m Individual Medley			102 50m Backstroke		
103 50m Breaststroke			104 50m Butterfly		
105 50m Freestyle			106 100m Freestyle		
208 50m Backstroke			207 100m Individual Medley		
210 50m Butterfly			209 50m Breaststroke		
212 100m Freestyle			211 50m Freestyle		

Entry fee **£5.50** per event

Number of events entered No. of coaches passes @ £14.00..... No. @ £8

Total Cost

Signature of swimmer

Signature of club official

Cheques should be made payable to **Braunstone Swimming Club**. Entry fee must accompany entry form. For payment by BACS please request Bank Account details. This form should be returned to: Open Meet, 15 Turnbull Drive, Leicester, LE3 2JT. **Closing date for entries is midnight on Friday 14th June 2019.**



Upper Qualifying Times

(submitted times faster than those listed will not be accepted)

Girls Upper Qualifying Times

Age/Event	50m Back	50m Breast	50m Fly	50m Free	100m IM	100m Free
9 years	41.0	46.0	41.0	34.0	1.29.00	1.16.0
10 years	39.0	44.0	39.0	33.0	1.26.00	1.12.0
11 years	37.0	42.0	37.0	32.0	1.23.00	1.08.0
12 years	36.0	40.0	36.0	31.0	1.20.00	1.05.0
13 years	34.0	38.0	34.0	30.0	1.17.00	1.03.0
14 years	33.0	36.0	32.0	29.0	1.14.00	1.01.0
15+	32.0	35.0	30.0	28.0	1.11.00	1.00.0

Boys Upper Qualifying Times

Age/Event	50m Back	50m Breast	50m Fly	50m Free	100m IM	100m Free
9 years	39.0	46.0	42.0	32.0	1.27.0	1.16.0
10 years	37.0	44.0	39.0	31.0	1.24.0	1.12.0
11 years	35.0	41.0	35.0	30.0	1.21.0	1.07.0
12 years	33.0	38.0	33.0	29.0	1.17.0	1.04.0
13 years	31.0	36.0	31.0	28.0	1.14.0	1.01.0
14 years	30.0	34.0	30.0	27.0	1.10.0	58.0
15+	29.0	32.0	28.0	26.0	1.08.0	55.0